

TOWANDA AREA SCHOOL DISTRICT

September

Lunch Menu - H.S

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*All lunches include 1/2 pint of skim, 2% or 1% chocolate milk. *Menu is subject to change		Baked Macaroni & Cheese 1 Seasoned Mixed Vegetables Chilled Pears Soft Pretzel *Pork Rib Sandwich	Breakfast for Lunch 2 French Toast Sticks w/Syrup Sausage Patty Hash Browns Orange Juice *Hot Dog on Roll	Shrimp Poppers 3 Chef Salad Watermelon Homemade Cinnamon Roll *Chicken Nuggets
Labor Day No School	Cheeseburger on Roll 7 Potato Puffs Applesauce *Hot Ham & Cheese Sand	Chicken Parmesan 8 Buttered Noodles Green Beans Chilled Pears *Fish Munchies	Taco's w/Meat, Cheese, Lettuce & Tomatoes 9 Nacho's w/Cheese Sauce Chilled Pineapple *Tuna Fish Sandwich	Stuffed Crust Pizza 10 Seasoned Peas Fresh Fruit *Hot Sausage Sandwich
Grilled Cheese Sandwich 13 Tomato Soup Mandarin Oranges Yogurt Cup *Turkey & Cheese Wrap	Chicken Nuggets 14 Mashed Potatoes Strawberry Shortcake w/Whipped Topping *Bologna & Cheese Sand.	Breadsticks w/Meat Sauce 15 Chef Salad Fresh Fruit *Mozzarella Sticks/Sauce	Cheese Steak Sandwich 16 Onion Rings Celery Sticks Chilled Fruit Cup *Egg Salad Sandwich	Hot Ham & Cheese Sand 17 Seasoned Corn Chilled Peaches Fresh Baked Cookie *Fish Sandwich
Hot Dog on Roll 20 French Fries Cinnamon Applesauce Frozen Fruit Bar *Hamburger on Roll	Grilled Chicken Sandwich 21 w/Lettuce & Tomato Carrot Sticks Fresh Fruit *Turkey & Cheese Wrap	Spaghetti w/Meat Sauce 22 Tossed Salad Chilled Pears Garlic Bread *Pork Rib Sandwich	Ham & Cheese Hoagie 23 w/Lettuce & Tomato Broccoli & Cauliflower Chilled Peaches *Meatball Hoagie	Stuffed Crust Pizza 24 Glazed Carrots Chilled Pineapple Strawberry or Orange Jell-O w/Whipped Topping *Hot Sausage Sandwich
Chicken Patty on Roll 27 Pierogies Fruit Cup Teddy Grahams *Fish Sandwich	Mozzarella Sticks w/Sauce 28 Seasoned Corn Mandarin Oranges Munchie Snack Mix *Cheese Steak Sandwich	Roast Turkey & Gravy 29 Mashed Potatoes Cinnamon Apples Homemade Roll *Ham & Cheese Wrap	Sloppy Joe 30 Baked Potato w/Topping Fresh Fruit *Hot Dog on Roll	

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